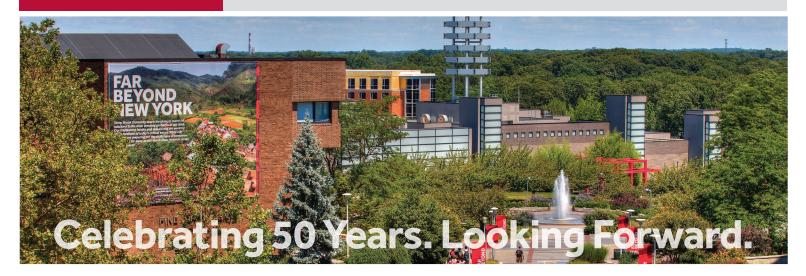


# VISION<sup>20</sup><sub>20</sub>



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## Nursing Education in the COVID-19 Pandemic

#### Serving Those Who Served

When the Long Island State Veterans Home (LISVH) needed support during the COVID-19 crisis, students and faculty stepped up without hesitation. Under the guidance of Patricia Bruckenthal, PhD, APRN-BC, FAAN, Associate Dean for Research and Innovation, several students worked to provide precautionary symptom screenings to LISVH staff members starting their shifts.

"We are honored to work alongside the courageous staff at LISVH," said Bruckenthal. "They have long cared for their resident veterans, who served our country in times of war and peace. It is only fitting now that the Stony Brook School of Nursing can in some small way pay back our debt to these at-risk heroes."

#### **An Essential Partnership**

Working with Stony Brook University Hospital has always been vital in the education of student nurses, but it became particularly important during the COVID-19 pandemic.

Many planned clinical rotations were abruptly suspended. The hospital found they needed help and the students volunteered, or were hired as clinical nursing assistants. Thus, students received valuable hands-on experience and the hospital gained desperately needed help.

"Participating students are to be commended for their passion and commitment to patient care," said Carol Della Ratta, PhD, RN, Associate Dean for Academic Affairs and Strategic Partnerships, "especially during a time when they are facing new challenges as coursework is transitioned to an online format."

#### **A Historic Lesson**

Like the rest of the nation, nursing students had to abruptly change their plans and routines as the pandemic arrived. By volunteering with Stony Brook University Hospital, they

#### Message from the Dean



Dear Friends, Colleagues and Community Members:

When I proudly stepped into my role as dean last August, I knew the coming year would be special. The Stony Brook School of Nursing would be celebrating its 50th year, and the midwifery

program would be celebrating its 25th year. Both of these milestones mark decades of discovery and service in education, research and practice by Stony Brook nurses.

Adding to this, 2020 has been declared The Year of the Nurse and the Midwife by the World Health Organization, in honor of Florence Nightingale's 200th birthday, to bring attention to the support that nurses need across the globe to advance health.

What I did not know was that the coming year would also bring a crisis of historic, global proportions. The COVID-19 pandemic turned the world upside down in a matter of days, and in no other field were the consequences more apparent than in healthcare.

While the pandemic certainly brought great anxiety to the world, it also highlighted the incredible power of nursing to deliver direct patient care, where calibrating drugs

and monitoring respirators, as patients decompensated, contributed to the increased survival and recovery of many individuals.

Under tremendous pressure, nurses around the globe were seen bringing order out of chaos, and innovating unprecedented solutions at lightning speed.

That resilient and confident spirit also prevailed here at Stony Brook, where faculty, students and staff quickly adjusted to different routines in a strange new world. Their adaptability, their innovative spirit and their eagerness to help on the front lines is, and has been, a marvel to witness.

It's a pleasure to share some of our stories with you in these pages. As you'll see, we have outlined plans for our yearlong 50th anniversary celebration and speaker series starting in the Fall. And our current dashboard profiles the Stony Brook School of Nursing today, compared to where we started in 1970, when the first 100 students were admitted and 16 students graduated at the end of the first year in 1971.

I hope you enjoy reading about the accomplishments that have made us so proud, and look forward to more successes as the post-pandemic world reveals itself.

Sincerely,

Annette B. Wysocki, PhD, RN, FAAN Dean, Stony Brook School of Nursing

#### Nursing Education (continued from cover)

acquired meaningful clinical experience while offering assistance during this historic crisis.

As time went by, many other healthcare institutions contacted the School of Nursing, including North Shore University Hospital, Northwell Health and the New York State Department of Health, to request student volunteers. More than 120 nursing students volunteered to work on non-COVID units and other areas of the hospital.

"The undergraduate nursing students have really stepped up in this fight," said Mary Ellen LaSala, PhD, RN, Chair of the Department of Undergraduate Studies. "We are very proud of our nursing students and faculty for serving on the front line during this pandemic."

#### Staying Connected, Staying Protected

The School of Nursing further expanded our already robust online capacity and the Office of Computer Services became even more essential. Two of its employees went well beyond their professional duties to make sure those on the front lines had the necessary protection.

Maryann Russo, a Tech Support Specialist and avid seamstress, created a prototype cloth mask that could be used with hospital-provided masks. Once approved by a hospital team, it was used by volunteers to stitch as many masks as were needed (Russo herself made more than 100 of them) for faculty and staff.

When Yaozu Dong, Lead Programmer and Analyst, learned that faculty and students did not have enough personal protective equipment, he reached out to the Long Island

Chinese American Association (LICAA) for help. The LICAA quickly donated 1,500 surgical masks to the School of Nursing, plus 5,000 surgical masks and 360 KN95 masks to Stony Brook University Hospital.



## Faculty Highlights



Kenneth M. Faulkner, PhD, RN, ANP Clinical Assistant Professor

In September of 2019, Faulkner attended the Heart Failure Society of America Scientific Meeting in Philadelphia. He won the Nursing New Investigator Award, which recognizes outstanding and innovative research in the field of heart

failure by a nurse researcher.

Later in the year, he was awarded a travel grant to attend the American Heart Association (AHA) Scientific Sessions in November. He was invited to join the Science and Clinical Education Lifelong Learning Committee of the AHA's Cardiovascular and Stroke Nursing Council, and to serve an additional term on their Early Career Committee.



Justin M. Waryold, DNP, RN, ANP-C, ACNP-BC, GS-C, CNE Clinical Assistant Professor Director of the Advanced Practice Nursing Program in Adult Health

In March 2019, Waryold was selected to become a Fellow of the American Association of Nurse Practitioners. Just

over a year later, he was selected for their State Award for

Excellence for New York.

In May 2019, he was named the 2019 Nurse of Excellence by the Nassau-Suffolk Hospital Council. Later that year, he was recognized as a Distinguished Educator by the National Hartford Center of Gerontological Nursing Excellence.

In March of this year, Waryold received the Commissioner's Special Recognition Award from the New York State Health Commissioner. A month later, he was named an Outstanding Nurse Practitioner Educator by the National Organization of Nurse Practitioner Faculties.



Mary Ellen LaSala, PhD RN Clinical Assistant Professor

In February of this year, LaSala received the Leader of Leaders Award at the Nursing Students Association of New York State's annual convention.

Under LaSala's leadership, the Stony Brook Student Nurses Association

received eight awards, including the Regional Excellence Award for being the most involved and successful local nursing association in the state and the Community Health Project Award for adopting a family and cooking at the Ronald McDonald House during the holidays.

#### Graduates Honored with Virtual Commencement



To bring pomp and circumstance to the age of social distancing, Stony Brook University hosted a virtual commencement ceremony on May 22. Annette B. Wysocki,

**PhD, RN, FAAN,** Dean of the School of Nursing, was pleased to honor 203 candidates for the bachelor's degree in nursing, 308 for the master's degree or advanced certificate in nursing, and 12 for the doctorate in nursing practice.

While it may not have been the graduation most had

envisioned, it did come at a particularly meaningful time for nurses. The World Health Organization designated 2020 as **The International Year of the Nurse and the Midwife**, citing their vital role in worldwide health. And the COVID-19 pandemic brought nursing innovation and expertise to the forefront of current events in the United States and around the globe.

"While this year is a departure from the usual graduation ceremony," said Wysocki, "it in no way diminishes what each of you has accomplished. Please know that the entire School of Nursing is standing beside you, applauding your extraordinary achievements and celebrating your accomplishments today."

## Stony Brook School of Nursing

## A Special Year, A Golden Anniversary

These are historic times for nurses around the world, as the COVID-19 pandemic spotlights their innovation, fortitude and perseverance in a crisis. Citing their crucial role in worldwide health, and the 200th birthday of Florence Nightingale, the World Health Organization has declared 2020 "The Year of the Nurse and the Midwife."

It's also the 50th anniversary of the Stony Brook School of Nursing, which opened in the autumn of 1970. A full year of celebration is planned, beginning in the fall semester with a speaker series and ending with an Anniversary

Gala in 2021, the 50th anniversary of the school's first graduating class. As part of the yearlong celebration, the school is planning a lecture series that will cover a wide variety of issues in nursing.

After a dramatic start to the year, it will be a pleasure to celebrate five decades of excellence and achievement with a full year of events.

Be sure to follow us on facebook.com/SBUNursing/ for details as they unfold throughout the year!

September 2020	Rapid Response	Barbara M. Mills, DNP, ACNPC, ANPC, PNP, CCRN, PCCN – Stony Brook University Hospital
October 2020	Midwifery Panel	Susan Altman, DNP, CNM, FACNM - Clinical Assistant Professor and Director of the Midwifery Program – NYU Rory Meyers College of Nursing
		Heather Findletar Hines, DNP, CNM, FACNM – Clinical Assistant Professor at Stony Brook University School of Nursing & Midwife at Stony Brook University Hospital
		Christina Kocis, CNM, DNP, FACNM – Director, Division of Midwifery – Stony Brook Medicine
		Kelly C. Walker, DNP, CNM, FACNM – Georgetown University School of Nursing and Health Studies
		Tamika S. Julien, DNP, CNM, WHNP-BC, CLC – Yale University Midwifery Faculty School of Nursing
Fall Public Engagement Event – October	Vaccines	Mary Beth Koslap-Petraco, DNP, PPCNP-BC, CPNP, FAANP – Adjunct Clinical Assistant Professor, Stony Brook University School of Nursing
November 2020	PTSD	Joan Furey, MS, RN – U.S. Army Nurse Veteran
December 2020	Heart Failure	Corrine Jurgens, PhD, RN, ANP, FAHA, FHFSA, FAAN – Associate Professor, Boston College Connell School of Nursing
January 2021	COVID Response	April Plank, DNP, RN – The Center for Lung Cancer Screening and Prevention
	Panel	Tricia A. Lewis, MSN, CNM, RNC-MNN, RNC-OB, C-EFM, NPD-BC, Director Education and Research, Northwell Health, Southside Hospital
		Other speakers to be announced
February 2021	Dean's Panel	Lori Escallier, PhD, RN, CPNP-PC, FAAN – Dean and Professor at SUNY Downstate Health Sciences University
		Kathleen Gallo, PhD, MBA, RN, FAAN – Founding Dean and Professor at Hofstra University Northwell School of Nursing
		Marie Ann Marino, EdD, RN, FAAN – Dean and Professor at Jefferson College of Nursing
March 2021	CNO Panel	Margaret Duffy, RN, PhD, NEA-BC – Cohen Children's Medical Center
		Debra Grimm, DNP, MS, RN – Long Island Community Hospital Center
		Elizabeth McCormick, MSN, RN, CENP – Memorial Sloan Kettering Cancer Center
	/	Carolyn Santora, MS, RN NEA-BC, CSHA, CPHQ – Stony Brook University Hospital
April 2021	Historical Panel	Arleen Steckel, PhD, RN, PNP-BC
		Carole Blair, PhD, RN, PNP-BC
		Rose Meyers, RN, MA
		Pat Jacobowitz, DNP, NP, RN
Spring Public Engagement Event – March/April	Healthy Aging/ Aging in Place	Denise Snow, JD, CNM – Clinical Associate Professor, Stony Brook University School of Nursing – Current Faculty

#### Student Highlights

In October 2019, five senior nursing students embarked on a trip with Lee Anne Xippolitos, RN, PhD, PMHNP, CNS, NEA-BC, the former dean of the School of Nursing, to Cheju Halla University on Jeju Island, South Korea. After a 14-hour plane ride, the group spent an unforgettable week visiting with faculty from several international universities and building friendships with the Korean students of Cheju Halla.

The trip was several years in the making. In 2015, an agreement was signed between Stony Brook School of Nursing and Cheju Halla University to expand nursing education and provide an exchange experience for students from both countries. This trip brought the first contingent of Stony Brook students (Jillian Dempsey, Connor O'Sullivan, Jessica Rodriguez, Olivia Russell and Olena Trojanowski) to Cheju Halla.

Before departing for Korea, the students had worked for weeks to put together a presentation about why they chose to attend Stony Brook School of Nursing. Upon arrival at Cheju Halla, they presented it to their new Korean friends to encourage participation in the exchange program.

The students then attended the Problem Based Learning (PBL) International Symposium, in which faculty from multiple countries presented their research about the

progress and improvement of university education. Before the symposium, the Stony Brook group participated in the first session of the PBL Experts workshop, where they collaborated with other university faculty to discuss cultural issues in nursing education and offer solutions.

Cheju Halla's international club graciously welcomed the Stony Brook students and invited them to experience Korean culture through outings around Jeju, including Hamdeok Beach and Jeju Museum of Art. The students tasted the popular Korean dish tteok-bokki and tried on the hanbok, a traditional Korean dress for special occasions.

**Susie Yoon**, a Cheju Halla professor, crafted a detailed list of Korean medical centers around the island for the students to visit, including a rehabilitation center, a midwifery center and a diabetes clinic.

To complete their trip, the Stony Brook group was invited to the office of the university president, **Sing-Hun Kim**, to present a plaque commemorating the 50th Anniversary of Cheju Halla. The group was then invited to dinner with him and the Dean of the School of Nursing at Cheju Halla.

The students described their time in South Korea as a remarkable honor and an unforgettable experience. They are extremely grateful to the faculty and students from Cheju Halla for the opportunity.



Connor O'Sullivan, RN, '20, met with Cheju Halla University President Sing-Hun Kim.



The Stony Brook group built lasting friendships with the students of Cheju Halla.

## VISION20

## Alumni Donor Spotlight

Barbara M. Mills, DNP, ACNPC, ANPC, PNP, CCRN, PCCN earned her master's and doctoral degrees in nursing at Stony Brook and has spent 45 years in nursing, and is now a Clinical Assistant Professor at Renaissance School of Medicine at Stony Brook University.

But years ago, her nursing career was almost ended before it began.

When Dr. Mills was an undergraduate at Villanova University, her father died suddenly. Uncertain about her ability to continue paying tuition, the grieving 19-year-old made an appointment with the university president and told her story. She walked out with a full scholarship.

"So I was able to graduate with no debt," she said. "I have never forgotten that, and if I can help someone else out the same way, then of course I want to."

Dr. Mills wanted her donation to help an undergraduate student clear their first big educational hurdle. A challenge that has become even more important now.

"Especially in this economy," she said, "more people are going to be tight on money. Spar Property Description of the state of th

Nursing has been a phenomenal career for me, and I don't want a great student to give up on it because of financial stress." So, giving back to the School of Nursing became an easy choice.

## The Campaign for Stony Brook Nursing

The Campaign for Stony Brook Nursing is oriented to further develop and expand our programs and capacity to educate nurse clinicians to provide the highest level



of competent care to the community with the best possible resources. We are committed to developing strong private-public partnerships in the midst of dwindling state funds so that we can remain committed to the mission of our School to provide the best health care to the communities we serve. The support of private funds will allow Stony Brook School of Nursing to make significant critical investments in the students, faculty, programs and technologies to sustain and expand our reputation of clinical excellence.

## Take the 50th Anniversary Challenge



This year, in honor of the 50th anniversary of the School of Nursing, we challenge you to make donations in multiples of 50 to represent each year.

It could be a \$50 gift, or \$100, or \$500  $\dots$  all the way up to \$50,000 or more.

Funds raised during this 50th anniversary year will be used to support student scholarships and seed grants for research.

They will also help to complete the funding of an endowed

faculty position.

Giving to Stony Brook School of Nursing is a great way to honor this milestone, and we've made it easy to do. Here's to the next 50 years!

For more information, please email Casandra San Martin at casandra.sanmartin@stonybrook.edu, or call (631) 632-4471.

To donate: stonybrook.edu/schoolofnursing

## Stony Brook University School of Nursing **BY THE NUMBERS...**

Total Student

#### **ENROLLMENT**

1405

Undergraduate: 394

Graduate: 978

**DNP: 28** 

PhD: 5



Number of

scholarships: 53



Total amount for scholarships/awards:

\$76,250





#### **DONORS**

130 = \$52,000

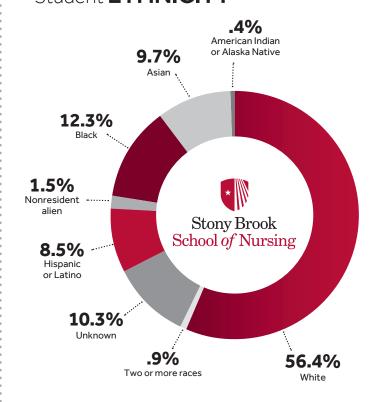
**73%** used for Scholarships/Awards/ Research Support

#### Student **GENDER**



female **87%** male **13%** 

#### Student **ETHNICITY**



Continued>>>

#### BY THE NUMBERS... CONTINUED

#### Our FACULTY/STAFF

34 Full-time Faculty

130 Clinical Faculty

16 Staff

**38** Faculty Presentations

**36** Faculty Publications

6 Grants

7 National Awards

Distribution of **ALUMNI** 

10,635

**73.4%** New York State

**26.4%** Out of State

0.20% International

US News & World Report

**RANKINGS:** 

Masters Online: #7

Midwifery: #27

 ${\sf Data \, Source: Stony \, Brook \, University, \, Office \, of \, Institutional \, Research, \, Planning \, and \, Effectiveness. \, April \, 2020.}$ 



To learn more about our programs please visit nursing.stonybrookmedicine.edu/ Follow us on Facebook at facebook.com/SBUNursing/